

SIMPLE AI

Student's Guide Book

What is SIMPLE AI?

SIMPLE AI stands for Sistematis, Intuitif, Mudah, Praktis, Lengkap, Edukatif — a practical framework for learning and sharing AI for God's glory.

Pillar 1 – AI Literacy & Biblical Perspective

1. Dangers: AI can spread hoaxes/deepfakes, cause addiction, and create Brain Rot (loss of critical thinking).
 2. 4-3-2-1 Formula: 4 Facts → 3 Keys (Conversations, Experimentations, Sharings) → 2 Outcomes (Learn/Teach, Serve/Lead) → 1 Desire: glorify God.
 3. AI Quotient (AIQ): Combines AI Literacy + AI Intelligence + AI Responsibility.
 4. Key Truth: AI is not neutral; it must be redeemed for God's glory.
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Pillar 2 – AI Skill: F.O.K.U.S. Prompting

1. F = Format (bullet points, tables, essays)
2. O = Objective (state your purpose)
3. C = Context (narrow the topic)
4. U = User/Usage (define roles — who you are, who AI should be)
5. S = Spicy/Special/Specific/Style (add tone, style, Bible verse references)

Remember: Vague prompts produce vague answers — always iterate.

Pillar 3 – AI Bible: AI Squared (AI²)

Four steps for deep Bible study with AI:

1. Awali/Amati — Observe the text
2. Investigasi — Investigate meaning and principles
3. Ajaran/Artinya — Reflect personally
4. Implementasi — Apply to daily life

Use 5W + 2H for deeper factual context. One study session can generate 25+ content pieces.

Pillar 4 – AI Learning: Tools & Community

1. Alkitab GPT — Access at gpt.sabda.org or Play Store
 2. BaDeNo — Read, Listen, Watch Bible content at sabda.id/badeno
 3. Center.sabda.org — E-books, materials, and training resources.
 4. Join a community — WhatsApp, Discord, or Facebook groups to learn together.
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Core Reminder

AI is only a tool; you are the one who learns, prays, and grows.

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Student's Workbook:

Pillar 1 – AI Literacy & Biblical Perspective

Section 1: The Dangers of AI

AI poses three key dangers to be aware of:

1. Hoaxes & Deepfakes – Voices and faces can be replicated; false information spreads easily.
2. Extreme Addiction – AI-driven algorithms are designed to keep you on screens for hours.
3. Brain Rot / Pragmatism – Instant, copy-paste culture kills critical thinking.

Reflection Question: Which danger concerns you most, and why?

Section 2: The 4-3-2-1 Formula

Fill in the blanks:

1. 4 Facts: AI is ____, AI ____, AI ____, Deal with ____.
 2. 3 Keys: ____, ____, ____.
 3. 2 Outcomes: Learn → ____ / Serve → ____.
 4. 1 Desire: ____.
-

Section 3: AI Quotient (AIQ)

Match the term to its definition:

1. AI Literacy → ____

2. AI Intelligence → ____
3. AI Responsibility → ____

Personal Check: On a scale of 1–10, how would you rate your current AIQ?

Section 4: Biblical Lens on Technology

Answer based on what you learned:

1. Where does technology ultimately come from?
 2. Why is AI *not* neutral?
 3. What does it mean to "redeem" AI?
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Section 5: My Commitment

Complete this sentence:

"I will use AI for God's glory by ____."

Key Verse to Memorize

"Whatever you do, do it all for the glory of God." — 1 Corinthians 10:31

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Student's Workbook:

Pillar 2 – AI Skill

(F.O.C.U.S. Prompting)

Section 1: Understanding F.O.C.U.S.

F.O.K.U.S. is a 5-element prompting formula designed to help AI understand exactly what you need.

1. F = Format – specify how you want the answer (bullet points, table, essay)
 2. O = Objective – state your purpose clearly
 3. C = Context – provide background and boundaries
 4. U = User/Usage – define roles (who you are, who AI should be)
 5. S = Spicy/Special/Special/Specific/Style – add tone, style, or Bible verse references
-

Section 2: Practice Exercise

Write your own F.O.K.U.S. prompt on the topic of prayer for teenagers:

1. Format: ____
 2. Objective: ____
 3. Context: ____
 4. User/Usage: ____
 5. Spicy/Special/Special/Specific/Style: ____
-

Section 3: Before & After

Compare a basic prompt vs. a F.O.K.U.S. prompt and note the difference in AI responses.

Basic Prompt	F.O.K.U.S. Prompt
"Explain prayer"	Your improved version here

Section 4: The Conversational Loop

AI gives its best results when you keep refining the conversation — don't stop at the first answer.

Practice: After receiving an AI response, write one follow-up question to deepen or improve it:

My follow-up: _____

Section 5: Key Reminder

Fill in the blank: *"If AI gives a wrong answer, the problem is almost always in the _____ you gave."*

Key Principle to Remember

"Garbage in, garbage out — a lazy prompt produces a useless answer."

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Student's Workbook:

Pillar 3 – AI Bible

(AI Squared / AI²)

Section 1: What is AI Squared?

AI Squared is a 4-step Bible study method developed by SABDA to help you dig deeply into Scripture with AI as your assistant.

1. Step 1 – Awali/Amati: Observe the text – find the facts.
2. Step 2 – Investigasi: Investigate meaning and principles – go deeper.
3. Step 3 – Ajaran/Artinya: Reflect personally – what does this mean for me?
4. Step 4 – Implementasi: Apply it to daily life – take action.

Section 2: The 4×4 Questions

Each step uses a different type of question:

Step	Question Type
Awali + Amati	Observation questions
Investigasi	Discussion questions
Ajaran/Artinya	Reflection questions
Implementasi	Application questions

Practice: Using Daniel 1, write one question for each category.

Section 3: Going Deeper with 5W + 2H

Use these to uncover factual context:

1. 5W: What, Who, When, Where, Why
2. 2H: How (process), How Much (quantity/duration)

Exercise: Answer the 5W+2H for a Bible passage of your choice.

Section 4: Multiplication

One Bible study session can produce 25+ types of content — articles, devotionals, rap lyrics, social media posts, and more.

My plan: After studying a passage, I will create _____ to share with others.

Section 5: Core Reminder

Complete this sentence: *"I am only a _____; I am the one who _____, _____, and _____."*

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Student's Workbook:

Pillar 4 – AI Learning

(Tools, Resources, & Community)

Section 1: Why Keep Learning?

AI is constantly evolving, and so must you. The way we learn has changed – from passive listening to active, conversational learning.

1. LOD = Learning On Demand
 2. JITL = Just in Time Learning
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Section 2: Key Tools to Know

Match each tool to its purpose:

Tool	Purpose
Alkitab GPT (gpt.sabda.org / Play Store)	Theologically trained AI for Bible discussion
BaDeNo (sabda.id/badeno)	Read, Listen, Watch Bible content + AI Media
Center.sabda.org	E-books, training materials, and AI resources

Section 3: Three Ways to Keep Growing

Fill in the blank for each learning method:

1. Conversational Learning – Talk *with* the material, not just at it: ____
2. Experimentation – Try new prompts and tools: ____

3. Sharing — Teach others to multiply impact: ____
-

Section 4: Community Matters

Learning together is faster and richer than learning alone.

My action: I will join the AI-4-GOD community via:

1. WhatsApp Group
 2. Discord
 3. Facebook Group
-

Section 5: My Next Step

Complete this commitment:

"Starting this week, I will use _____ (tool) to _____ (action) so that I can teach _____ (person/group) about Simple AI."

Core Reminder

AI keeps developing — keep experimenting, keep sharing, and keep building healthy AI learning communities.

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Student's Quiz:

Pillar 1 – AI Literacy & Biblical Perspective

1. Which of the following is NOT listed as a danger of AI?

- A. Hoaxes & Deepfakes
 - B. Brain Rot
 - C. Faster Internet Speed
 - D. Extreme Addiction
-

2. In the 4-3-2-1 formula, what does "1" represent?

- A. One tool to use
 - B. One desire – to glorify God
 - C. One hour of study
 - D. One Bible verse
-

3. AI Quotient (AIQ) is made up of three parts. Which combination is correct?

- A. AI Speed + AI Memory + AI Design
 - B. AI Literacy + AI Intelligence + AI Responsibility
 - C. AI Tools + AI Prompts + AI Output
 - D. AI Power + AI Safety + AI Cost
-

4. According to the biblical lens, which statement about AI is TRUE?

- A. AI is perfectly neutral and safe to use freely
- B. AI was created by God and therefore always glorifies Him automatically
- C. AI is not neutral – it must be redeemed for God's glory

D. AI should be avoided by Christians entirely

5. What are the three things that must be correct for AI to be used well?

- A. Speed, Cost, and Design
 - B. Purpose, Motivation, and Method
 - C. Format, Context, and User
 - D. Hardware, Software, and Network
-

Answer Key: 1 – C | 2 – B | 3 – B | 4 – C | 5 – B

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Student's Quiz:

Pillar 2 – AI Skill

(F.O.C.U.S. Prompting)

1. What does the "F" in F.O.K.U.S. stand for?

- A. Feedback
 - B. Format
 - C. Focus
 - D. Foundation
-

2. Why does AI sometimes give wrong or irrelevant answers?

- A. AI is broken
 - B. The internet is slow
 - C. The prompt is missing important elements
 - D. AI does not understand Indonesian
-

3. Which of the following best describes the new mindset for using AI?

- A. AI is a powerful search engine
 - B. AI is a learning companion and conversation partner
 - C. AI is a replacement for human thinking
 - D. AI is only for IT professionals
-

4. In the F.O.K.U.S. formula, what does "U" (User/Usage) help you define?

- A. The language of the answer
- B. The length of the response
- C. Who is asking, who AI should act as, and who the content is for

D. The internet connection speed

5. What is the "Conversational Loop" tip about?

- A. Always start a new chat for every question
 - B. Keep refining your prompt after the first answer until you get what you need
 - C. Copy and paste the same prompt repeatedly
 - D. Use only one-word prompts
-

Answer Key: 1 – B | 2 – C | 3 – B | 4 – C | 5 – B

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Student's Quiz:

Pillar 3 – AI Bible

(AI Squared / AI²)

1. What are the four steps of the AI Squared method?

- A. Read, Memorize, Recite, Share
 - B. Awali+Amati, Investigasi, Ajaran/Artinya, Implementasi
 - C. Format, Objective, Context, User
 - D. Observe, Translate, Summarize, Post
-

2. In AI Squared, what happens in Steps 1 and 2?

- A. You leave the text and apply it to daily life
 - B. You memorize Bible verses
 - C. You enter the text – observing and investigating
 - D. You create social media content
-

3. What type of questions are asked in Step 3 (Ajaran/Artinya)?

- A. Observation questions about facts in the text
 - B. Reflection questions – examining your personal life
 - C. Application questions about daily actions
 - D. Discussion questions about historical context
-

4. What does the 5W+2H framework add to your Bible study?

- A. A way to generate images from AI
- B. Deeper factual context: Who, What, When, Where, Why, How, and How Much
- C. A shortcut to skip reading the Bible

D. A method for writing rap lyrics

5. According to the AI Squared principle, who is responsible for learning, praying, and growing?

- A. The AI assistant
 - B. The church leader only
 - C. The participant themselves — AI only assists
 - D. The Bible app automatically
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Answer Key: 1 – B | 2 – C | 3 – B | 4 – B | 5 – C

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Student's Quiz:

Pillar 4 – AI Learning

(Tools, Resources, & Community)

1. What does "LOD" stand for in the context of AI learning?

- A. Level of Difficulty
 - B. Learning On Demand
 - C. List of Data
 - D. Language of Design
-

2. What makes Alkitab GPT different from general AI tools like ChatGPT?

- A. It is faster and cheaper
 - B. It is trained on hundreds of SABDA datasets for accurate theological and Bible content
 - C. It only works in English
 - D. It cannot answer questions about the Bible
-

3. What does BaDeNo stand for?

- A. Baca, Dengar, Nonton
 - B. Belajar, Diskusi, Nonton
 - C. Baca, Diskusi, Ngobrol
 - D. Belajar, Dengar, Ngobrol
-

4. According to Pillar 4, what is the fastest way to learn AI?

- A. Watching videos alone
- B. Reading e-books silently

- C. Sharing and learning together with others in community
 - D. Using only one AI tool repeatedly
-

5. Which of the following is NOT listed as a way to access Alkitab GPT?

- A. Gpt.sabda.org
 - B. Google Play Store
 - C. Discord community
 - D. Sending an email request
-

Answer Key: 1 – B | 2 – B | 3 – A | 4 – C | 5 – D

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Student's CheatSheet

What is SIMPLE AI? A compressed, under-one-hour framework to learn and teach AI for God's glory.

1. S = Systematic
2. I = Intuitive
3. M = Mudah
4. P = Practical
5. L = Lengkap
6. E = Educational

4 Pillars (Roadmap)

Pillar	Topic	Key Concept
1	AI Literacy	AI 4-3-2-1 + Biblical Lens
2	AI Skill	F.O.K.U.S. Prompting
3	Bible + AI	AI Squared (4-step Bible study)
4	Learning AI	Alkitab GPT, BaDeNo, center.sabda.org

PILLAR 1 — AI Literacy + Biblical Lens

1. AI is here, changing everything — respond wisely.
2. AI 4-3-2-1: 4 Facts · 3 Goals · 2 Results · 1 Desire
3. AIQ Formula: Know AI + Skill to use it + Responsible use
4. AI is not neutral — made by fallen humans; must be redeemed.

PILLAR 2 — Prompting Skill: F.O.C.U.S.

1. F = Format · O = Objective · C = Context · U = User/Usage · S = Spicy/Special/Specific/Style
2. Bad prompt → bad answer. Be specific!
3. Keep refining your prompt until you get the result you need.

PILLAR 3 — Bible Study with AI (AI Squared)

Two Stages, Four Steps:

1. Stage 1 — Enter the Text:
 - Step 1 *Awali/Amati*: Observe text as-is; AI finds background & context.
 - Step 2 *Investigasi*: Inductive study; ask 5W + 2H; AI generates questions.
2. Stage 2 — Bring Truth Out:
 - Step 3 *Ajaran*: Summarize lessons; pray for personal revelation.
 - Step 4 *Implementasi*: Apply Scripture; AI brainstorms action steps.

Key Rule: YOU pray, read & study — AI only assists.

PILLAR 4 — Tools (AI Learning)

1. Alkitab GPT — theologically grounded, accurate Scripture citation.
2. BaDeNo — read, listen, watch + AI Media, AIPedia, GPT chat.
3. Center (sabda.talk) — dozens of AI materials + AI4GOD! e-book.

Core Reminder AI is a tool — you are the learner, the one who prays, and the one who grows.

SIMPLE AI Comprehension Questions by Pillar

Foundation — AI4GOD!

1. Why must AI be "redeemed," and for whose glory should it be used?
 2. In what way is AI "not neutral"?
 3. What is the difference between "AI for good" and "AI4GOD!"?
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Pillar 1 — AI Literacy + Biblical Lens

1. Name two dangers of AI mentioned in the lesson.
 2. What are the three components of AIQ?
 3. What does the AI 4-3-2-1 concept stand for?
-

Pillar 2 — Prompting Skill (F.O.C.U.S.)

1. What does each letter in FOCUS stand for?
 2. Why does a vague prompt produce a poor answer?
 3. How is chatting with AI different from using a search engine like Google?
-

Pillar 3 — Bible Study with AI (AI Squared)

1. List the four steps of AI Square in order.
 2. In AI Square, who does the praying and studying — you or the AI? Why?
 3. What is the difference between Stage 1 and Stage 2 of AI Square?
-

Pillar 4 – Tools (AI Learning)

1. What makes Alkitab GPT different from a regular AI tool?
2. Name the three things you can do on Badeno.

Where can you access the AI4GOD! e-book and other learning materials?

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Student Worksheet

Name: _____ Date: _____

Pillar 1 – AI Literacy + Biblical Lens

1. Name 2 dangers of AI you learned today.

- _____
- _____

2. Complete the AI 4-3-2-1 concept:

➤ 4 = _____ 3 = _____ 2 = _____ 1 = _____

3. In your own words, why is AI not neutral? _____

Pillar 2 – Prompting Skill (F.O.C.U.S.)

4. Write out what each letter of FOCUS stands for:

➤ F = _____ O = _____ C = _____ U = _____ S = _____

5. Write a simple FOCUS prompt for studying a Bible passage of your choice:

➤ _____

Pillar 3 – Bible Study with AI (AI Squared)

6. List the 4 steps of AI Square and what each focuses on:

- Step 1 (Awali/Amati): _____
- Step 2 (Investigasi): _____
- Step 3 (Ajaran): _____
- Step 4 (Implementasi): _____

7. Who does the praying and studying – you or the AI? Why?

Pillar 4 – Tools (AI Learning)

8. Name 3 tools introduced today and one feature of each:

➤ Tool 1: _____ Feature: _____

➤ Tool 2: _____ Feature: _____

➤ Tool 3: _____ Feature: _____

Reflection

9. How will you use AI for God's glory this week? _____

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Student Reference Card

FOUNDATION: AI4GOD! Use AI for God's glory, not personal gain.

Technology comes from God, is a tool, but is not neutral.

PILLAR 1 – AI Literacy + Biblical Lens

1. AI is here and keeps evolving – respond wisely.
 2. AI 4-3-2-1: 4 Facts · 3 Goals · 2 Results · 1 Desire
 3. AIQ = Know AI + Skill + Responsible Use
 4. AI ≠ human intelligence – three distinct intelligences exist.
-

PILLAR 2 – F.O.C.U.S. Prompting

1. F = Format O = Objective C = Context U = User S = Specific
 2. Be specific – vague prompts give vague answers.
 3. Keep refining your prompt for better results.
-

PILLAR 3 – AI Squared (Bible Study)

Stage 1 – Enter the Text:

1. Awali/Amati – Observe text as-is; AI finds background & context.
2. Investigasi – Inductive study; ask 5W + 2H; AI generates questions.

Stage 2 – Bring Truth Out:

1. Ajaran – Summarize; pray for personal revelation.
2. Implementasi – Apply Scripture; AI brainstorms action steps.

Rule: YOU pray & study — AI only assists.

PILLAR 4 — Tools

1. Alkitab GPT — grounded in biblical literature; accurate Scripture citation.
 2. Badeno — read, listen, watch + AI Media, AIPedia, GPT chat.
 3. Center (sabda.talk) — dozens of AI materials + AI4GOD! e-book.
-

Remember: Keep learning — technology keeps evolving. You can be the greatest hope when you use AI for God's glory.

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Resources List for Learners

Tools

1. Alkitab GPT — AI trained on SABDA datasets for accurate Bible discussion and verse citation. Access via gpt.sabda.org, Google Play Store, or Discord.
2. BaDeNo (Baca, Dengar, Nonton) — Read, listen, and watch Bible content with integrated AI Media. Access at sabda.id/badeno.
3. Center.sabda.org — Dozens of AI learning materials, e-books, and training resources.
4. AI.sabda.org — Main hub for the AI-4-GOD movement, events, and community links.

E-Books & Written Materials

1. AI-4-GOD! Beginners e-book — foundational guide, free to download.
2. AI-4-GOD! 50+ Topics e-book — expanded material covering over fifty topics.
3. Both accessible at ai.sabda.org/ebook and center.sabda.org/resources/ebook.

Learning Methods & Frameworks

1. F.O.C.U.S. prompting formula — Format, Objective, Context, User/Usage, Spicy/Special/Specific/Style.
2. AI Squared (AI²) — four-step Bible study method: Awali/Amati, Investigasi, Ajaran/Artinya, Implementasi.
3. AI 4-3-2-1 — 4 facts, 3 keys, 2 results, 1 desire.

Community

1. WhatsApp Group — AI-4-GOD community for sharing and discussion.

2. Discord — join at ai.sabda.org/discord.
3. Facebook Group — available via ai.sabda.org/komunitas.
4. Bank.AI — social media community on Instagram, TikTok, and YouTube.