

SIMPLE AI

Teacher's Guide Book

Purpose & Vision

This guide equips trainers to teach Simple AI — helping others use AI tools, human wisdom, and God's Word together for deeper Bible engagement.

Part 1 — Understanding Simple AI

1. What is Simple AI? A training initiative combining AI tools, human discernment, and Scripture study.
 2. Who is it for? Youth, adults, seniors — anyone willing to explore the Bible with fresh tools.
 3. Core conviction: AI intelligence, human intelligence, and God's wisdom are not competitors — they serve different purposes.
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Part 2 — The Four Pillars (Overview)

1. Pillar 1 — Introduction to AI and its role in Bible study (approx. 10 minutes).
 2. Pillar 2 — AI Squared framework: the core study method (deepest focus).
 3. Pillar 3 — Practical tools: Alkitab GPT, AI Squared, and related resources.
 4. Pillar 4 — Written tools: Alkitab GPT, Center Site, and AI Site (approx. 10 minutes).
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Part 3 — Teaching the AI Squared Framework

1. Teach the 4 Core Questions: Observe → Reflect → Apply → Act.
 2. Teach 5W2H (Who, What, When, Where, Why, How, How Much/Many) as the investigative layer.
 3. Emphasize: combining both creates a superpower for Bible study.
 4. Keep it simple, clear, and accessible — especially for seniors and beginners.
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Part 4 — Trainer Tips

1. Master the material first — use natural language, not jargon.
 2. Aim for simplicity in slides: bright, clean, big fonts.
 3. Allow interaction — passive listening causes disengagement.
 4. Use real examples — demonstrate 5W2H live with a Bible verse.
 5. Encourage practice — have participants try the framework themselves.
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Part 5 — Community & Follow-Up

1. Connect participants to the BaDeNo WhatsApp group for daily verse sharing and reflection.
2. Assign a facilitator to encourage responses and summarize weekly discussions.

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Teacher/Leader's Guide Book

Session Overview

1. Duration: 40–50 minutes
 2. Audience: High school students, first-time AI exposure
 3. Format: Presentation → Hands-On → Debrief
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Pre-Session Checklist

1. Confirm room has LCD projector available
 2. No microphones expected – project voice clearly
 3. Assign replacements for those on AI Now duty
 4. Technical team to check equipment beforehand
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Part 1 – Four Pillars (±20 min)

Facilitator Notes:

1. Pillar 1: Guide students to form a Christian perspective on AI
 2. Pillar 2: Cover AI literacy – benefits, dangers, basic concepts
 3. Pillar 3: Lead toward transformation, not just information
 4. Pillar 4: Teach learning how to learn continuously with AI
 - ⚠ Do not read from slides – master the content and deliver naturally
 - ⚠ Keep it ultra-simple; this is a first exposure
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Part 2 – Hands-On: AI Squared (±20 min)

Facilitator Notes:

1. Introduce the two-phase text entry approach
 2. Key elements to coach: Focus, Context, Format
 3. Walk around and observe student prompts
 4. Encourage experimentation – errors are learning moments
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Part 3 – Debrief (±5–10 min)

Discussion Prompts:

1. What result surprised you?
2. Did AI make any mistakes?
3. What is the difference between WA (casual) and PA (purposeful) use?

Goal: Help participants see AI can be used meaningfully beyond casual chat.

Closing Note

Remind participants that more resources are available for deeper learning after this session.

SIMPLE AI

Trainer/Teacher's Guide:

Pillar 1 – AI Literacy & Biblical Perspective

Session Overview

Goal: Equip participants to understand AI's dangers, foundational concepts, and biblical lens before using it.

Trainer Preparation

1. Review the 4-3-2-1 formula and AI Quotient concepts thoroughly before the session.
 2. Prepare real examples of hoaxes or deepfakes to make dangers concrete.
 3. Open with a question: *"Have you ever shared anything about AI with someone else?"*
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Step-by-Step Facilitation

1. Open with the Dangers (5 min)
 - Present three dangers: Hoaxes/Deepfakes, Extreme Addiction, Brain Rot.
 - Ask participants which danger they find most alarming and why.
2. Teach the 4-3-2-1 Formula (10 min)
 - Walk through 4 Facts → 3 Keys → 2 Outcomes → 1 Desire.
 - Emphasize: the single desire is to glorify God, not personal gain.
3. Introduce AI Quotient (5 min)

- Explain AIQ = AI Literacy + AI Intelligence + AI Responsibility.
- Ask participants to self-assess their current AIQ level.

4. Apply the Biblical Lens (10 min)

- Teach: technology comes from God, but AI is not neutral — it was developed by fallen humans.
 - Key point: AI must be *redeemed* for God's glory.
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Trainer Tips

1. If participants are unfamiliar with PA (Bible study), introduce the biblical lens *before* the dangers to build trust.
 2. Show a "before and after" example of AI used wrongly vs. rightly.
 3. Keep energy high — invite short verbal responses rather than long lectures.
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Closing Challenge

Ask each participant: *"How will you use AI for God's glory this week?"*

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Trainer/Teacher's Guide:

Pillar 2 – AI Skill

(F.O.K.U.S. Prompting)

Session Overview

Goal: Equip participants to communicate effectively with AI using the F.O.C.U.S. formula.

Trainer Preparation

1. Practice the F.O.C.U.S. formula yourself with several live examples before the session.
 2. Prepare a "bad prompt" and a "good prompt" side by side to demonstrate contrast.
 3. Remind participants: AI is not a search engine — treat it as a conversation partner.
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Step-by-Step Facilitation

1. Shift the Mindset (5 min)
 - a. Ask: *"How do you currently use AI?"*
 - b. Introduce the new mindset: AI is a learning companion, not just a keyword box.
2. Teach F.O.K.U.S. One Element at a Time (15 min)
 - a. F – Format: Show how specifying bullet points vs. paragraphs changes the output.

- b. O – Objective: Explain why AI needs a clear purpose to respond accurately.
- c. C – Context: Demonstrate how changing context (e.g., Hindu vs. Christian prayer) shifts the answer.
- d. U – User/Usage: Show the "3x Siapa" rule – who is asking, who AI should be, who it is for.
- e. S – Spicy/Special/Specific/Style: Add tone, humor, or Bible verse references for richer results.

3. Live Demo (10 min)

- a. Start with a single word prompt ("DOA") and show how it fails.
- b. Progressively improve it using each F.O.K.U.S. element.

4. Conversational Loop Practice (5 min)

- Teach participants not to stop at the first answer – keep refining.

Trainer Tips

- 1. If participants get long answers, show them how to ask AI to shorten or reformat.
- 2. Emphasize: *"AI cannot read your mind – unclear prompts produce unclear answers."*

Closing Challenge

Ask each participant to write one F.O.K.U.S. prompt on a topic relevant to their ministry.

SIMPLE AI

Trainer/Teacher's Guide:

Pillar 3 – AI Bible

(AI Squared / AI²)

Session Overview

Goal: Equip participants to study the Bible deeply using AI as a structured assistant through the AI Squared method.

Trainer Preparation

1. Familiarize yourself with all four AI Squared steps and the 4×4 question framework before the session.
 2. Prepare a sample passage (e.g., Daniel 1) with pre-generated questions for each category.
 3. Remind yourself: the goal is transformation, not just information.
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Step-by-Step Facilitation

1. Introduce AI Squared (5 min)
 - a. Present the four steps: Awali+Amati, Investigasi, Ajaran/Artinya, Implementasi.
 - b. Explain the two phases: *entering* the text (Steps 1–2) and *living out* the text (Steps 3–4).
2. Teach the 4×4 Question Framework (10 min)
 - a. Step 1 → Observation questions (facts from the text).
 - b. Step 2 → Discussion questions (meaning and principles).

- c. Step 3 → Reflection questions (personal examination).
- d. Step 4 → Application questions (concrete daily actions).

3. Add Depth with 5W+2H (5 min)

- Show how (Who, What, When, Where, Why, How, and How Much/Many) uncover richer context.

4. Multiply the Output (5 min)

- One Bible study session can produce 25+ content pieces: articles, devotionals, rap lyrics, social media posts.

Trainer Tips

- 1. Emphasize: AI assists but does not replace personal study, prayer, or growth.
- 2. If participants go off-topic with AI, show them how to refocus back to the text.
- 3. Use group discussion (3–4 people) to deepen engagement.

Closing Challenge

Ask each participant: *"What will you do with what you learned from this passage today?"*

SIMPLE AI

Trainer/Teacher's Guide

Pillar 4 – AI Learning

(Tools, Resources, & Community)

Session Overview

Goal: Equip participants to keep growing in AI literacy using available tools, resources, and community.

Trainer Preparation

1. Familiarize yourself with Alkitab GPT, BaDeNo, and Center.sabda.org before the session.
 2. Prepare live demos of at least one tool.
 3. Remind yourself: the fastest way to learn AI is by sharing with others.
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Step-by-Step Facilitation

1. Why Keep Learning? (5 min)
 - a. AI is constantly evolving – passive listening is no longer enough.
 - b. Introduce LOD (Learning On Demand) and JITL (Just in Time Learning).
2. Introduce Key Tools (10 min)
 - a. Alkitab GPT: Theologically trained AI for accurate Bible discussion and verse citation.
 - b. BaDeNo (sabda.id/badeno): Read, listen, and watch Bible content with AI Media integration.

- c. [Center.sabda.org](https://center.sabda.org): Dozens of AI learning materials and e-books.
 - 3. Three Learning Methods (5 min)
 - a. Conversational Learning — engage actively with material.
 - b. Experimentation — try new prompts and tools.
 - c. Sharing — teach others to multiply impact.
 - 4. Build Community (5 min)
 - a. Learning together multiplies impact more than learning alone.
 - b. Invite participants to join via WhatsApp Group, Discord, or Facebook Group.
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Trainer Tips

- 1. Show a before/after: passive reading vs. conversational AI learning.
 - 2. Emphasize: AI keeps developing — keep experimenting and keep building healthy learning communities.
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Closing Challenge

Ask each participant: *"Which tool will you use this week, and who will you teach?"*

Trainer/Teacher's Notes

Pillar 1: AI Literacy & Biblical Perspective

Core Goal: Help participants understand *why* AI matters and build a biblical foundation before diving into skills.

Key Topics to Cover:

1. Dangers of AI – Hoaxes/deepfakes, extreme addiction, and "Brain Rot" (loss of critical thinking from instant, copy-paste culture).
 2. AI 4-3-2-1 Formula – 4 Facts (AI is Here, Here to Stay, Changes Everything, Deal with It), 3 Keys (Conversations, Experimentations, Sharing Results), 2 Outcomes (Learn→Teach, Serve→Lead), 1 Desire (glorify God).
 3. What is AI? – Clarify that AI is software, not a physical robot; it learns from internet data via Machine Learning and LLMs.
 4. AI Quotient (AIQ) – Introduce AIQ as the measure of one's readiness to use AI responsibly, covering AI Literacy, AI Intelligence, and AI Responsibility.
 5. Biblical Lens (Kacamata Alkitab) – Technology comes from God, is not neutral (created by fallen humans), and must be "redeemed" for God's glory.
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Trainer Tips:

1. Start with the dangers to grab attention; it creates urgency and emotional engagement.
2. Emphasize that AI is not neutral – this is often surprising and sparks discussion.
3. Use the 4-3-2-1 framework as your spine – it is simple enough to memorize and repeat.

4. Invite participants to share if they've already used AI, to gauge baseline knowledge.
5. Avoid letting this become purely informational — the goal is a mindset shift, not just facts.
6. Allocate ~10 minutes per sub-topic; the full pillar fits roughly one 1.5-hour session.

Trainer/Teacher's Notes

Pillar 2: AI Skill

(Prompting with F.O.K.U.S.)

Core Goal: Equip participants to "talk" with AI effectively using a structured prompting formula.

Key Topics to Cover:

1. Mindset Shift – AI is not just a search engine; treat it as a learning companion and conversation partner.
 2. F.O.K.U.S. Formula – Five elements for sharp prompts:
 - a. F = Format (e.g., bullet points vs. paragraphs)
 - b. O = Objective (state your purpose clearly)
 - c. K = Konteks/Context (narrow the topic or background)
 - d. U = User/Usage (define roles – who you are, who AI should be)
 - e. S = Spicy/Special/Specific/Style (add specific tone or Bible verse references)
 3. Live Demo Progression – Show the "level-up" steps: basic prompt → add objective → control format → apply context → ultimate combo.
 4. Conversational Loop – Don't stop at one answer; refine and dig deeper iteratively.
 5. Common Mistake – "Garbage In, Garbage Out": vague prompts produce vague answers.
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Trainer Tips:

1. Demo is essential – participants need to see the before/after difference between a basic and a F.O.C.U.S. prompt.

2. Use a relatable example like asking AI about "doa" (prayer) to show how context changes the answer dramatically.
3. Emphasize the conversational loop — many users stop at the first response, missing richer results.
4. Remind participants that AI cannot read minds; incomplete prompts are the most common failure point.
5. Allow ~10 minutes per sub-topic; the pillar is best done with hands-on practice alongside the demo.

Trainer/Teacher's Notes

Pillar 3: AI Bible

(AI Squared – Bible Study with AI)

Core Goal: Guide participants to use AI as a tool for deep, responsible Bible study – not as a replacement for personal engagement with Scripture.

Key Topics to Cover:

1. Biblical Lens Recap – AI is a tool from God, not neutral, and must be redeemed for His glory.
 2. AI Squared (AI²) Method – A 4-step Bible study framework:
 - a. Step 1: Awali/Amati (Absorb/Access) – Enter the text; ask observation questions.
 - b. Step 2: Investigasi (Investigate) – Dig into meaning and principles; use discussion questions.
 - c. Step 3: Ajaran/Artinya (Acquired/Insight) – Reflect personally on what the text says to you.
 - d. Step 4: Implementasi (Implement) – Apply it to daily life using application questions.
 3. 4×4 Question Matrix – Four categories × four questions each (Observation, Discussion, Reflection, Application).
 4. 5W + 2H Supplement – Use Who, What, When, Where, Why + How + How Much for deeper factual context.
 5. Content Multiplication – One PA session can generate 25+ content pieces (articles, devotionals, rap lyrics, drama, etc.).
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Trainer Tips:

1. Emphasize the two phases: entering the text (Steps 1–2) and coming out with something to live by (Steps 3–4).
2. Stress that AI asks and answers, but the learner must engage — AI is not the student, you are.
3. Demo with a real passage (e.g., Daniel 1) to show how the 4×4 prompt works in practice.
4. Warn against "one-way" use — participants should iterate and dig deeper, not accept the first response.
5. Remind trainers: if AI Squared only produces information and not transformation, it has missed its purpose.

Trainer/Teacher's Notes

Pillar 4: AI Learning

(Tools, Resources, & Methods)

Core Goal: Help participants understand that learning AI is ongoing, and equip them with specific tools and communities to keep growing.

Key Topics to Cover:

1. New Ways of Learning – Shift from passive listening to conversational, experimental, and community-based learning.
 - a. LOD = Learning On Demand
 - b. JITL = Just in Time Learning
 2. Alkitab GPT – An AI tool specifically trained on SABDA's biblical literature for accurate, theologically grounded Bible discussion. Accessible via gpt.sabda.org, Play Store, Discord, or BaDeNo.
 3. BaDeNo – A multimedia Bible platform (Baca/Read, Dengar/Listen, Nonton/Watch) with integrated AI.
 4. Center.sabda.org – Hub for AI learning materials, e-books (AI-4-GOD Beginners, 50+ Topics), and training resources.
 5. Community Learning – Learning with others multiplies impact; encourage participants to join WhatsApp groups, Discord, or Facebook communities.
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Trainer Tips:

1. Emphasize that AI keeps evolving – participants must commit to continuous learning, not just a one-time session.

2. Demo Alkitab GPT live if possible; show how it differs from general AI tools by citing Bible verses accurately.
3. Highlight the danger of hallucination in general AI tools, contrasting it with Alkitab GPT's curated training data.
4. Encourage community building — remind trainers that sharing results with others is one of the three learning keys from Pillar 1.
5. Close with a call to action: install Alkitab GPT, join a community, and teach someone else — multiplication is the goal.

Trainer/Teacher's Notes

Presenting the Full SIMPLE AI

What SIMPLE AI Stands For: SIMPLE is an acronym: Sistematis, Intuitif, Mudah, Praktis, Lengkap, Edukatif – designed so anyone can learn and teach it.

Overall Flow (4 Pillars):

1. Pillar 1 – AI Literacy: Dangers of AI, the 4-3-2-1 formula, AI Quotient, and Biblical lens.
 2. Pillar 2 – AI Skill: F.O.C.U.S. prompting formula (Format, Objective, Context, User/Usage, Spicy/Special/Specific/Style).
 3. Pillar 3 – AI Bible: AI Squared method – 4 steps, 4x4 questions, 5W+2H for deep Bible study.
 4. Pillar 4 – AI Learning: Tools (Alkitab GPT, BaDeNo, Center.sabda.org) and community-based learning.
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Trainer Tips for the Whole Session:

1. Time allocation: Each pillar fits roughly one 1.5-hour session; all four pillars together require approximately 4–5 hours.
2. Start with urgency: Open with AI dangers and the 4-3-2-1 framework to create emotional buy-in before moving to skills.
3. Demo every pillar: Especially F.O.C.U.S. and AI Squared – participants need to see before-and-after examples.
4. Emphasize the goal is multiplication: The aim is training trainers, not just personal learning.

5. Reinforce the core reminder throughout: AI is a tool; the learner prays, grows, and decides — AI only assists.
6. Invite feedback actively: Ask participants where they would struggle to teach this to others, and use that to refine delivery.
7. Close with next steps: Encourage participants to install Alkitab GPT, join a community, and share Simple AI with at least one group.